

Tiverton Senior Center
 207 Canonicus Street
 Tiverton, RI 02878
 Telephone 401-625-6790 Fax 401-625-6793

September 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Walk Away the Pounds 9:00 SHIP 1:00 Games	2 9:00 Exercise w/Deb 1:00 Wii Bowling	3 9:00 Walk Away the Pounds 9:30 TOPS 1:00 Knitting for Charity	4 9:00 Exercise w/Deb 11:30 Mahjong 1:00 Bingo
7 CLOSED IN OBSERVANCE OF LABOR DAY	8 9:00 Walk Away the Pounds 9:00 SHIP 1:00 Watercolor 1:00 Games 6:30 Knitting Circle	9 9:00 Exercise w/Deb 12:30 Chorus 2:00 Wii	10 9:00 Walk Away the Pounds 9:30 TOPS 10:30 URI - Communicate Before You Medicate 1:00 Knitting for Charity	11 9:00 Exercise w/Deb 11:30 Mahjong 1:00 Bingo
14 9:00 Exercise w/Deb 9-3 Quilting for Charity No Computer Tutorial 1:30 Chair Yoga	15 9:00 Walk Away the Pounds 9:00 SHIP 9:30 Project Council 10:00 Words for Wisdom Book Club w/Prudence Fallon 1:00 Watercolor 1:00 Games	16 9:00 Exercise w/Deb 12:30 Chorus 2:00 Wii	17 9:00 Walk Away the Pounds 9:30 TOPS 10:30 Center Meeting 10:30 Nurse 1:00 Knitting for Charity	18 9:00 Exercise w/Deb 11:00 Medicare Minute 11:30 Mahjong 1:00 Bingo
21 9:00 Exercise w/Deb 9-3 Quilting for Charity 1-3 Computer Tutorial 1:30 Chair Yoga	22 9:00 Walk Away the Pounds 9:00 SHIP 10:00 Diabetes Prevention Program Begins 1:00 Watercolor 1:00 Games	23 9:00 Exercise w/Deb 12:30 Chorus 2:00 Wii	24 9:00 Walk Away the Pounds 9:30 TOPS 10:30 Jen Oser Conrner Stone Adult Day Care 1:00 Knitting for Charity	25 9:00 Exercise w/Deb 10:30 Farm Fresh RI Cooking Demonstration 11:30 Mahjong 1:00 Bingo
28 9:00 Exercise w/Deb 9-3 Quilting for Charity No Computer Tutorial 1:30 Chair Yoga	28 9:00 Walk Away the Pounds 9:00 SHIP 10:00 Diabetes Prevention Program 1:00 Watercolor 1:00 Games	30 9:00 Exercise w/Deb 12:30 Chorus 2:00 Wii	A Country Day at Pardon Gray is Saturday, September 26	
			Lion's Club Cook-out at the Senior Center is Saturday October 3 at 11:30.	

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